

# WEEKLY MENU

## WEEK 1

12/11/18,  
03/12/18, 07/01/19,  
28/01/19, 25/02/19,  
18/03/19, 22/04/19,  
13/05/19, 10/06/19,  
01/07/19

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1ST CHOICE MAIN DISH</b>	Ham pizza with pasta & baked beans	BBQ chicken fillet with roast potatoes & sweetcorn/green beans	Bacon roll with seasoned wedges & baked beans	Chicken curry with steamed rice, cucumber raita & naan bread	Fish fingers with chips & peas
<b>2ND CHOICE VEGETARIAN DISH</b>	Margarita Pizza with pasta & baked beans	Cheese puff pastry pie with roast potatoes & Sweetcorn/green beans	Veggie burger with seasoned wedges & baked beans	Vegetarian curry with steamed rice, cucumber raita & naan bread	Tomato & basil wrap with chips and peas
<b>JACKET POTATO</b>	Freshly baked golden jacket potato with choice of fillings				
<b>DESSERT</b>	Flapjack	Ginger biscuit	Chocolate marble cake & custard	Jelly & fruit	Fruit tray bake

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1ST CHOICE MAIN DISH</b>	Pork meatballs in tomato sauce with pasta & seasonal vegetables	Pasta carbonara with garlic bread & seasonal vegetables	Roast chicken with Yorkshire pudding, gravy, roast potatoes & vegetables	Minced beef pie with creamed potatoes & seasonal vegetables	Crispy battered salmon fillet with chips & peas
<b>2ND CHOICE VEGETARIAN DISH</b>	Veggie meatballs with pasta & seasonal vegetables	Cheese & tomato flat bread pizza, garlic & herb potatoes with salad or vegetables	Quorn fillet with Yorkshire pudding, gravy, roast potatoes & vegetables	Veggie pie with creamed potatoes & seasonal vegetables	Traditional quiche with chips, peas or salad
<b>JACKET POTATO</b>	Freshly baked golden jacket potato with choice of fillings				
<b>DESSERT</b>	Lemon shortbread	Waffles & fruits drizzled in chocolate sauce	Blueberry muffin	Rice pudding	Sticky toffee pudding with toffee sauce

### ADDITIONAL DESSERTS

Options available daily to choose from: raisins, fruit salads, fresh fruits, flavoured yoghurt,

### SALAD BAR

#### Your Child's 5 a day top up station!

Freshly prepared salad bar items such as cucumber sticks, mixed peppers, tomatoes, sweetcorn, lettuce, beetroot, potato or pasta salads, hummus, cous cous (minimum of 5 items available daily)

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1ST CHOICE MAIN DISH</b>	Ham & sweetcorn pizza with pasta & baked beans	Pork sausage & mash with gravy & seasonal vegetables	Minced beef & dumplings, roast potatoes & vegetable medley	Sweet chilli chicken wrap, rainbow rice, seasonal vegetables or coleslaw	Battered cod fillet with chips & peas
<b>2ND CHOICE VEGETARIAN DISH</b>	Margarita Pizza with pasta & baked beans	Veggie sausage & mash with gravy & seasonal vegetables	Veggie dumpling with roast potatoes & vegetable medley	Cheese & pepper wrap with rainbow rice, seasonal vegetables or coleslaw	Macaroni cheese with garlic bread & peas
<b>JACKET POTATO</b>	Freshly baked golden jacket potato with choice of fillings				
<b>DESSERT</b>	Raspberry cookie	Chocolate mousse with mandarin segments	Apple & raising cake with custard	Carrot cake cupcake	Ice cream & fruits